



VIIMSI KOOL



Centro Primary School (Lithuania) activities during the project "Be active. Stay healthy!"

#	Activity	Time	Participating groups (eg the age group, parents, teachers etc)	Number of participants
1	logo competition	01/09/2013	9-10 age groups, class teachers, teacher of arts	130 pupils
2	1st meeting in Estonia	October 28,2013	project team	5 teachers
3	School staff meeting	November	School staff	20 teachers
4	School assembly presentation of the project,sharing about the day at school, how to make the breaks more happy.	November	the whole school	220 pupils
5	Places for active breaks Hopscotch, Twister, boards for playing draughts, zumba dancing	November	project team	10 teachers
6	Game leaders' training	November	4th graders, class teachers	26 pupils,20 teachers
7	Play with your friend month. Elder pupils teach the younger ones to play board games.	December	The 4th and the 1st graders	120 pupils and 5 class teachers
8	Christmas Post Special Christmas greetings for Estonian and Finnish friends	December	2nd, 3rd and 4th grades	150 pupils and 8 teachers
9	Project meeting in Finland	April	project team	5 teachers
10	Socks Day or Day against noise	25th April	the whole school	220 pupils and 20 teachers
11	Long outdoor break	April, 2014- May 2015	The whole school	231 pupils and 20 teachers
12	Presentations in the morning circle "My Favourite Outdoor Game"	April	The whole school	231 pupils and class teachers
13	Writing about favourite outdoor game	April	English lesson, 4th classes	50 pupils and 2 teachers
14	Game Fair	May	the whole school	220 pupils, teachers and some parents
15	We are producing healthy food	May	2nd grades and the class teachers	50 pupils and 2 class teachers
16	Sport Day	May,27		
17	Active outings with parents	May	Pupils, parents and teachers	about 300 people
18	European Game day	June	School Camp	90 pupils and 6 teachers
19	Sport Day	September, 23rd	The whole school	220 pupils and the 20 teachers

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20	Game Fair	September, 23rd	The whole school	220 pupils and 20 teachers
21	PE lessons with a football coach	September, October	1st and 2nd grades	
22	Active outings with parents	September	Pupils, parents, class teachers	About 300 people
23	Physical activity test	September	4th grades	50pupils
24	Basketball players at school	October		56 pupils
25	Chess lessons with a professional coach	September-May	1st classes	70 pupils
26	Joga lessons	November	2nd grades	50 pupils
27	PE lessons out of school	September-May		
28	Trip around Europe	25/09/2014	The whole school	220 pupils and class teachers
29	Lessons about human body and health	October- May	Pupils, class teachers, students, parents, health professionals	250 people
30	Marathon 2014	October,23rd	The whole school	220 pupils and teachers
31	Celebrating of golden autumn	November	The whole school	231 pupils
32	Letter to my penfriend in Estonia and Finland	January	pupils age 9-10, English teachers	15 pupils
33	Preparing and presentation of the project about Estonia, Finland and Lithuania	January	pupils age 9-10, class teachers	50 pupils
34	Project meeting in Lithuania	February 1-4		
35	Let's shake a healthy milkshake	February,14th	4th graders	36 pupils
36	Human body .	10/03/2015	1a class and a school health specialist	21 pupils
37	Human body and health quizz	February	fourth graders,	70 pupils
38	Family chess and draughts tournament	March	pupils age 7-11,parents, chess coach	40 people
39	Night at school	March	4th graders	50 pupils
40	Healthy eating	14/04/2015	1b class and school health specialist	22 pupils
41	Dancing break "Everyone is dancing"		all classes and teachers	231 pupils, 11 teachers
42	Sport day	May	all classes and teachers	231 pupils and the school staff
43	Game Fair	May	all classes and teachers	231 pupils and the school staff
44	Active family outings	May	pupils 6-11 and their families, class teachers	most of pupils, their parents and class teachers

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