

The Mid term Report

The main goal of the first project year was about safe and active school day, increasing children's participation and their involvement in school life. We were focused on break time activities where pupils are planners activators and organisers of their activities. After the first meeting in Estonia we shared the ideas in the school staff meeting, then in the school assambley our pupils shared how happy they are about coming to school. They offered the ideas how to make the breaks more active and interesting. We all exchanged the ideas and started planning the activities and responsibilities. More or less all the classes and teachers were involved in the project activities.



At the starting point we carried out a simple survey about school breaks.

Children were used to play on the carpets in the classrooms during the breaks. We decided to do some corners in the corridors, for two simple reasons to „take them out“ of their classes and to give them possibility to comunicate with the children from other classes. We did the Hopscotch, Twister and drafts boards , the wooden



blocks corner, we did the things what did required multi investment and efforts. The most popular and busy were the drafts places. During the breaks children organized the drafts tournaments by themselves. They played the board games more often.

The biggest achievement of the year for us is a long break. We took a proposal of our Finnish colleagues, adjusted the lessons and break times and made a long (thirty minutes) outdoor break, when all the students and teachers come into the yard to play, to walk or just have a rest.



We are happy to be involved in the Nordplus project „Be Active! Stay Healthy!“. The first year passed so quickly. During this year we did a lot: we had a logo competition, wrote letters and greetings to the children from Estonia and Finland,

we had a Game Fair, two Sport Days in autumn and spring, drew and wrote about our favourite outdoor games, some children presented their favourite games in the Morning Circles in their classes, we had an European Game Day, when children played the Italian, English, French, Bulgarian, Finnish and other games. The fourth grade game leaders taught the first graders some board games.



We noticed that our pupils became more active, friendlier for children of different ages. Playing together they learnt to share, became more frank. They prefer activities suggested by their friends or like creating activities themselves, less playing mobile phones.



Unfortunately we have faced some kind of obstacles as well.

Our school is small, old and isn't spacious. There is no place for keeping tools. The school yard is empty and sometimes we all dream about a modern gym, basketball court, football pitch, the yard equipment or simple new games, but despite that we are active, sportive and creative. There is a lack of tools and equipment and there is the lack of responsibility of our children, they often leave the ropes, rings and balls on the grass in the yard.

The biggest problem we encountered is that the parents are over-protective of their children and do not want to let them to go outdoors, thinking that it might impair their child's health. It is not easy for the teacher to take care of the children in the classroom and in the school yard at the same time.

Our teachers team enjoyed meeting experiences in Estonia and Finland during this 2013-2014 year. The more we meet, the better we know each other, share and learn from each other. And most important thing that good and interesting ideas we bring to our schools and bring joy to our pupils.