



“Be active. Stay healthy!” project meeting in Joensuu, Finland

6th-9th April 2014

The meeting objectives:

- project team makes the mid-term conclusions of the project year 1
- project team members observe the lessons, break times, outdoor activities for getting the ideas, good practices
- project teams plan the activities by the end of the year 1
- ideas and brainstorm for the year 2

Sunday, 6th April

5.00 -12.00	Lithuanians travel to Tallinn
13.00	Gathering in Tallinn Airport
14.40	Departure from Tallinn airport
17.20	Arrival at Joensuu airport
	Free time in the hotel Vaakuna and in Joensuu
00.30	Maarja will arrive at Joensuu airport

Monday, 7th April

Focus: **REALITY** and **OPTIONS**

8.00	Breakfast at the hotel
8.30	Departure from the hotel
9.00 – 9.15	Goal check – introduction to the meeting and project general overview
9.15 – 10.45	Reality check What has been done in each school from November-April <ul style="list-style-type: none">• each school prepares their overview (30 min per school)
10.45-12.00	Lesson visits, break observations in 5-6 th grade building
12.00-13.00	<i>Lunch</i>
13.00 – 15.00	Outdoor activities lecture by Marita and Lari
15.15-15.30	Sum up of the day and preparation for the next day
	<i>Free time and dinner</i>
19.00-22.00	Visiting Marita

This project has been funded with the support from Nordplus programme





Tuesday, 8th April

Focus: Options

8.30	Departure from the hotel
9.00 -12.00	School visit in the 0-4 th grade building
10.30-11.30	Project managers meeting (budget, application, reporting)
12.00 – 13.00	Lunch
13.00 -15.00	Visit to Normaalikoulu <ul style="list-style-type: none">• Outdoor activities
15.00-15.30	Country groups sum-up of the school visits (what options does each school have?)
	Free time
18.00	<i>Dinner with the staff in Astoria Restaurant</i>

Wednesday, 9th April

Focus: WHAT, WILL

8.00	Breakfast at the hotel
8.30	Departure from the hotel
9.00 – 10.30	What? What are we going to do until the end of year 1 in each school
10.45-12.00	The focus of the 2 nd year <ul style="list-style-type: none">• the goals and activities from the application• sum up of the meeting
12.00-12.30	Lunch
	Packing and free time until 15.00
17.40	Departure from Joensuu airport
20.45	Arrival at Tallinn airport

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