

“Be active. Stay healthy!” project meeting in Viimsi, Estonia

28th-31st October 2013

The meeting objectives:

- project team members get to know each other
- project teams get overview of good practice from the external guests
- project teams generate ideas and action plans to achieve project goals
- project managers agree on reporting principles and contract terms
- project team members are inspired to get the project going

Monday, 28th October

Focus: **GOAL**

16.00-16.45	Get to know
16.45-17.30	Project goals and expectations <ul style="list-style-type: none">• what do we want to achieve with the project?• What do we expect from the meeting?
17.30-19.00	Overview of education systems and schools systems in each country <ul style="list-style-type: none">• Viimsi Secondary School• Rantakylä School• Šiauliai Centro Primary School

Tuesday, 29th October

Focus: **REALITY and OPTIONS**

9.00 – 10.15	External guests talking about the „Safe and active school day“ project carried out in Estonia and in Finland. Sirje Aher from Tallinn department of Education Ruuda Lind from Ristiku Põhikool
10.15-10:30	<i>Coffee break</i>
10.30 -11.45	„Safe and active school day“ session II Students from Läänemere Gümnaasium Merili Murakas from Rahumäe Põhikool
11.45-12.00	<i>break</i>
12.00-12.40	School tour fo
12.40-13.15	<i>Lunch</i>
13.15 – 14.45	Our project „Be active. Stay healthy!“ . <ul style="list-style-type: none">• What’s our reality at the moment?• What can we do? (taking into consideration what we heard from the external guests)• Generating options
14.45-15.00	<i>Coffee break</i>
15.00-16.30	Preparation for the school visits the next day
16.30 – 18.00	Tour around Viimsi

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Wednesday, 30th October

Focus: **WHAT, WILL**

8:00 – 8:15	Departure from hotel Athena to Randvere school
8:15 – 9:40	School visit in Randvere building (part of Viimsi Secondary school) <ul style="list-style-type: none">• Observing break times• School tour
9:55- 11:45	School visit in Karulaugu building (part of Viimsi Secondary school) <ul style="list-style-type: none">• Observing break times• School tour• Observing lessons
11:55 – 12:15	Observing the break time in the main building
12:15 – 13:00	<i>Lunch</i>
13.00-13.45	Reflection of the day in country groups (without Estonians)
13.45-14.15	Feedback to Estonia – what did Finland and Lithuania notice during the observations?
14.15-14.30	<i>Coffee break</i>
14.30-15.45	Action plan <ul style="list-style-type: none">• What are we going to do next?• What is the action plan until we meet in Finland in April?
15.45-16.00	<i>Break</i>
16.00-17.00	Feedback and sum-up of the meeting
17.00-18.00	<i>Free time and travel to the restaurant „Roots“</i>
18.00-20.00	<i>Dinner at the restaurant „Roots“</i>

Thursday, 31st October

9.00-10.00	Break time activities in the main building and the Viimsi health track
10.00-12.00	Sightseeing tour in the city centre